

Activity Quiz 4

The Safe Foodhandler



Name _____ Date _____

True or False?

- ① _____ You should wash your hands after taking a break to smoke.
- ② _____ You should NOT wear jewelry while handling food.
- ③ _____ Wearing a dirty uniform or apron can contaminate food.
- ④ _____ Use hand antiseptic before washing hands.

Case Study

Laura, a foodhandler at a local nursing home, began her day by preparing to go to work. She took a shower, trimmed her nails, and put on a fresh coat of nail polish. Then she put on a bracelet, a watch, and her clean clothes and went to work.

- ① What did Laura do right?

- ② What did Laura do wrong?

Handwashing Steps

Put the handwashing steps in the right order.

- ① _____ A Vigorously scrub hands and arms for at least 10 to 15 seconds.
- ② _____ B Apply soap.
- ③ _____ C Dry hands and arms with a single-use paper towel or a warm-air hand dryer.
- ④ _____ D Wet your hands with running water as hot as you can comfortably stand (at least 100°F [38°C]).
- ⑤ _____ E Rinse your hands thoroughly under running water.

Actions That Contaminate Food

Place an **X** next to each action that can contaminate food.

- ① _____ Running your fingers through your hair
- ② _____ Wearing a hat while prepping food
- ③ _____ Touching a sore or pimple
- ④ _____ Wearing a clean apron
- ⑤ _____ Wiping your nose

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Exclude or Restrict?

Write an **E** next to the statement if the foodhandler should be excluded from the operation. Write an **R** next to the statement if the foodhandler should be restricted from working with or around food.

- ① _____ A foodhandler at a hospital has a sore throat and a fever.
- ② _____ A foodhandler at a nursing home has jaundice.
- ③ _____ A foodhandler at a restaurant was vomiting this morning.
- ④ _____ A foodhandler at a restaurant has a foodborne illness caused by Norovirus.

Answers

True or False?

- ① T
- ② T
- ③ T
- ④ F

Case Study

- ① Laura took a shower, trimmed her nails, and put on clean clothes.
- ② Laura put on nail polish, a bracelet, and a watch.

Handwashing Steps

- ① D
- ② B
- ③ A
- ④ E
- ⑤ C

Actions That Contaminate Food

1, 3, and 5 should be marked.

Exclude or Restrict?

- ① E
- ② E
- ③ E
- ④ E